

Soami Ji Maharaj



Extracts From Sar Bachan Poetry & Prose

TRANSLATED BY SANT DAS JI MAHESHWARI

Compiled & Edited by Clay Guthrie

Soami Ji Maharaj composed two spiritual classics entitled '**Sar Bachan Poetry**' and '**Sar Bachan Prose**'. They are considered the most important treatises of the Radhasoami Faith. Huzur Maharaj had stated in their introduction that Soami Ji "had no intention to compose any writings", but at the persistence of His most devoted followers "was pleased to accede to their prayer." It was He (Huzur Maharaj), the *Gurumukh* (chief disciple and successor) of Soami Ji Maharaj who had compiled and edited both works, originally published in 1884 in the Hindi language. Years later, Sant Das Ji published the English translations and by doing so allowed the West to benefit from these spiritual masterpieces.

The passages you will read have all been taken from the Sar Bachan teachings and placed into specific categories, although, certainly do not represent their totality. Never before have such complex subjects as the creation of the heavenly realms been so easy to understand; or so eloquently explain how we as spirits have the ability to redeem ourselves through the Surat Shabd Yoga, and by doing so return to the higher regions of our origin. The Supreme Being RADHASOAMI doesn't speak as a scientist, or in the verbose language of a philosopher or educator, but from Pure Love, which is the essence of His Being. He also repeatedly warns us that we are in a precarious predicament on earth, having been condemned here as a result of our past karmas. By attaining human birth, however, we have all been granted the greatest opportunity to find God within ourselves, and by doing so escape the perpetual birth and death cycle. *May RadhaSoami bless the reader with the wisdom to realize the higher truths presented in these, Soami Ji Maharaj's most spiritual and esoteric teachings.*

SOAMI JI MAHARAJ & HUZUR MAHARAJ



Creation of Heavenly Regions



“In the Source, there is no Maya (matter). There is all Love. He is an immense Reservoir of Love, having no beginning and no end. Only Sants have access there and none else. It is the Abode of Sant Sat Guru. Such is the greatness of the path of Love and Devotion that if you adopt it, it will take you to the reservoir of ambrosia.”

“I now describe the genesis of the creation, according to Sant Mat... I tell you that the origin of all is SOAMI, who is inaccessible, unfathomable, infinite and Nameless. From Him appeared AGAM Purush, who became the Deity or Lord of Agam Lok. Then manifested ALAKH Purush, who took His seat in Alakh Lok. Then appeared SAT NAM – Sat Purush. This is the creation of Sat (truth) and Sat alone. That Region is known as Sat Lok and is extremely beautiful and fascinating. Hansas (celestial beings), the residents of that region, are engaged in marvelous merry-making.”

IN THE BEGINNING -

***“There was neither hell or heaven, nor the world of mortals.”
“There were neither stars, nor the sun and the moon.”; “There was neither the creator nor the creation, or created beings or objects. Neither was there the doer, nor cause or effect or any exertion. There was none to see and nothing to be seen, nor was there any sight.. Neither was there the essence nor its attributes. There was neither the first nor the last. Nor was there anything hidden or manifest.”***

***“The Supreme Being was, is and will ever remain immersed in Himself. When, however, it so pleased Him, He assumed the marvelous Form and gave His Darshan (vision of Himself).”
“Only He, Himself, and none else, was there. There issued forth a great current of Spirituality, Love and Grace, which is called His Mauj (divine will). This was the (first) manifestation of Truth or Sat, or True Supreme Being. This Mauj brought into being three regions – AGAM, ALAKH and SAT NAM, of eternal bliss. Then a current emerged with a powerful sound. It brought forth the creation of seven Spirits.”***

“The spirituality coagulated as it were, and Surats (spirits), among themselves, brought the creation into being. The first Surat was Sohang Surat... Hansas (celestial beings) and their dwellings – the (spiritual) Islands (‘Dweeps’) were created. What should I say of the elegance and beauty of these Islands? Hansas are frolicking in countless ways. The majestic Dashan (vision) of the Purush (Supreme Being) and the wonderful spectacles are to be seen and experienced. They cannot be described. How many Yugas and ages had passed that way, cannot be said. That creation is true. That region is eternal. There is no trace of Kal (evil) and suffering. The congregation of Hansas is presided over by the Omnipotent Being. They live in harmony, enjoying the bliss and beauty of the spectacles.”

Birth of Kal (Satan)

“There appeared then a dark colored stone set in a white one, and was absorbed in the Darshan of the Sat Purush (Supreme Being). All the Hansas enquired of the Purush as to what the emanation was that they could not comprehend. The Purush replied, ‘Do not worry, Go on enjoying the bliss and happiness. This emanation will create a different spectacle.’ Hansas were amazed and were unable to comprehend what this emanation was going to bring about. It was engaged in the Service of Purush, but inwardly it cherished some other desire. That desire went on expanding. The emanation did not check it. By Mauj of the Purush, the emanation ventured to submit thus: ‘I wish to bring about a separate dominion of my own. This creation of Yours I like not. I wish to create three worlds and rule over them. I will then, however, engage myself in Your Dhyān (contemplation).’

The Purush turned out the emanation... However, the Purush took pity on the emanation and produced another emanation. The Purush adorned the second emanation with a yellow hue. He ordered it to get out. The first emanation is Kal, the other has some element of the Merciful in it. Both the emanations thought over the situation. They came to the shore of Mansarovar Lake, and saw there the creation of Akshar Purush.” “The two emanations (Niranjan and Jyoti) together evolved the creation of five Elements, four Species (categories of life) and three Qualities. The three Qualities brought about expansion and proliferation. They created sages and holy men, godly human beings and demons. Egotism increased much. Jyoti joined with Brahma, Vishnu and Mahesh. The four together put the noose of delusions and entanglements round the necks of Spirits, who no longer can find the path leading to the true Supreme Being.”

“Spirit has become oblivious of her own home. She has taken Kal’s region as her own. Kal has created the entire Triloki (three lower worlds - material, astral & causal). Dayal has brought forth Sat Lok very gracefully. Three worlds are of Kal. The fourth Lok is the abode of the Merciful. Kal beguiles Spirits and prevents them from attaining the fourth Spiritual Region.”

“For his own pleasure, Kal deceives spirits. He does not give out the secrets of the True Lord to anyone. The Merciful Lord is moved to pity. He incarnates Himself in this world as Sant Sat Guru. He explains to spirits in various ways that the cruel Kal is swallowing them. He says, ‘Now do as I tell you, burn away the net of Kal and escape.’ Forming a pair with Sat Guru, proceed homeward and you will escape beating and overcome the forces of Kal. This habitation of yours (the earth realm) is a creation of Kal who has brought you here from Me (Radhasoami). This is Kal’s dominion. Don’t take it to be your home.”

Higher Ocean of Spirituality

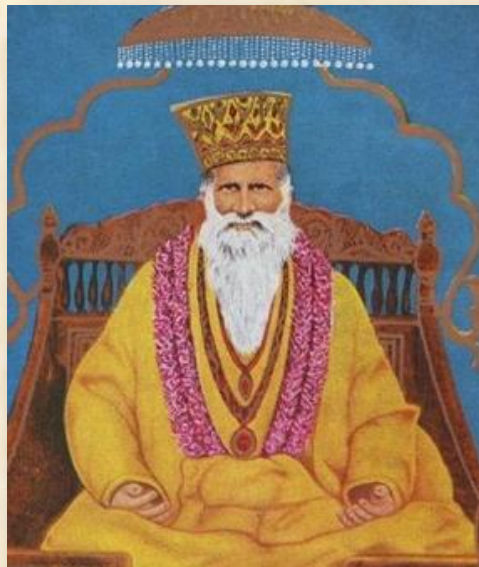
“The three (lower) worlds have resulted from a drop, while I am the Ocean... All that exists owes its origin to that one single drop.” “Vedantis describe it as Brahm, and Sidhantis call it pure. They could not know what is beyond the creation of the drop. They were all deceived, for they did not meet Sat Guru. All the religions prevalent in the world speak of this drop as the ocean. In reality, the Ocean stands apart and is beyond the scope of the Vedas and other revealed books.”

“He who is contented and satisfied with the knowledge of the drop only can never know about the Ocean. The region created by the drop lies very low. The region of the Ocean is the highest of all... Sants speak of the Ocean of spirituality. But the spirits do not believe what Sants say.”

“These people (gyanis, or alleged holy men) have neither heard of nor seen the region of Sants. Kal has befooled them all. They were shown the drop. The Ocean was concealed from their view. All were taken in by the magnificence of the drop. When Sants give out the secrets of the Ocean, these people try to compare those secrets with and apply them to the drop.”

“Having come down into the world, I taught Shabd Yoga. Merge your spirit in Shabd (Divine Sound)... Leave the region of the drop. Go to, and play merrily in the region of the Ocean...”

This path is of Love (‘Prem’) and Devotion (‘Bhakti’), and it consists in elevating spirit to celestial regions by means of Shabd. They (the learned) have no faith in Sant Mat, nor do they believe in the efficacy of Surat Shabd Yoga. They do not follow the path of five Shabds. How can then they find the Ocean? Those who speculate on the basis of their book knowledge, fail to get knowledge of the drop even.”



THE INNER PLANES OF CREATION

*Various aspects of Divine Light & Sound-Current
(an approximation only)*

8.
7.
6.

ANAAMI
The Nameless, Wonder Region
AGAM
The Ineffable Region
ALAKH
The Inconceivable Region

5. THE FIFTH PLANE

Purely Spiritual Regions

Trillions of suns and moons cannot vie with even one hair of the Supreme Being; It is All Light

SACH KHAND
The True Home.
Sat Purusha—the Supreme Being, dwells in Sach Khand. Here, Soul merges in God as a drop merges into the ocean.
Predominant Sound Current:
Bagpipes

4. THE FOURTH PLANE
The Sun of the 4th Plane exceeds 100,000 physical suns



BHANWAR GUPHA
The Rotating Cave
Soul realizes here that it is none other than God
Predominant Sound Current:
Plaintive melody of Flute

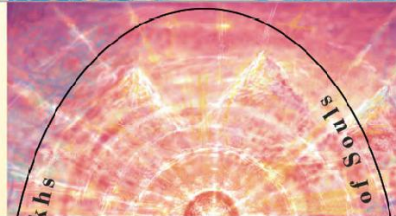
MAHA SUNNA — The barrier region of darkness & silence

3. PAR BRAHM
THE SUPER-CAUSAL—BEYOND THE MIND
Full Moon- exceeds 1,000 outer moons



DASWAN DWAR
The Pool of Nectar—Amritsar / Mansarovar
Predominant Sound Current:
Sarangi (violin) and Sitar (harp-like stringed music)

2. BRAHMANDA
THE CAUSAL PLANE
HOME OF THE MIND
Red Rising Sun



TRIKUTI
The Golden Mountains: Mer, Sumer & Kailash
Predominant Sound Current:
Thunder and Drum

1. ANDA
THE ASTRAL PLANE
The Thousand Petaled Lotus



SAHASRAR
Heavens and Purgatories
Stars, suns & moons
Predominant Sound Current:
Bells & Conch

PINDA
THE PHYSICAL PLANE



THE SIX CHAKRAS OF PINDA

Chakra	Divinity	Color of Light
Behind Eyes	Paramatma	radiance
Throat	Shanti	white
Heart	Shiva	bluish white
Navel	Vishnu	red
Reproductive	Brahm	blue
Rectum	Ganesh	yellow

Anami Purush (Supreme Deity: 'RADHASOAMI') – *“The Mansion of RADHASOAMI is Most High. Its majestic grandeur passes description.”*

Agam & Alakh Regions - *“What should I say about the majestic glory of these regions? Millions and billions of suns and moons look dull and pale in comparison with them.”*

Sach Khand (Deity: 'SAT NAM') – *“That Region is known as Sat Lok, and is extremely beautiful and fascinating... There are 88,000 (spiritual) Islands where Hansas live in a state of perpetual joy and bliss... Happiness prevails there all the time. No trace of pain and anguish is to be found there. There are ever new frolics and sports. Hansas are in a state of constant bliss and happiness”*

Bhanwar Gupha (Deity: 'SO HANG') – *“The sound of the flute is resounding there all the time. Spirit beholds a white resplendent sun. The region is beautiful and full of light... “There is a rotating swing here which is all the time in subtle motion, and the spirits ever swing on it.”*

Daswan Dwar (Deity: 'RARUNKAR') - *“Spirits, like beauties, dance at various places. There are pleasing and sweet victuals, all savoury and fresh, and sonorous and musical strains can be heard everywhere. All this bliss can be experienced by the spirit only when it reaches there.”*

Trikuti, Sahasrar & Pinda (Deity: KAL) – *“Spirit has become oblivious of her own home. She has taken Kal’s region as her own. Kal has created the entire three worlds. Dayal (the Merciful Lord) has brought forth Sat Lok very gracefully. Three worlds are of Kal... Kal beguiles Spirits and prevents them from attaining the fourth region.*

Transmigration of the Soul



“After wandering through tens of millions of lives, you have now received this human form, which is a rare asset. Do not waste it. Take care. Apply yourself to devotion every moment... Have some pity on your soul. Save it from transmigration.”

“(There) was created a Chaupar (creation) of four species of life... The players in this game of Chaupar are Maya (matter) and Brahm (astral region)... Mind (‘Mana’) and Desire and Shiva and Shakti. Spirits, which are the pawns of the game are moved from one house to another, are thus subjected to untold misery and pain. The game is in full swing... The dice is thrown by the hand of Karma... All players take this false game to be true. Some prosper, others lose. The spirit pieces wander in the Eighty Four (8,400,000 different life forms) in houses of pain and pleasure. When Brahm (astral region) is defeated and Maya (the world of matter) is victorious, spirits undergo all sorts of pain and suffering. Sometimes when Brahm prevails, the spirit pieces win and get into the house of Brahm. But they do not get out of the Chaupar, and cannot go back to their True

and Real Home ('Nij Ghar'). Both Maya and Brahm are gamblers playing with these spirit pieces, or souls. Spirit wanders from place to place, getting beating and pounding. Nobody listens to their wailings. All the spirits repent and lament every moment, wondering how to get out of the clutches of Brahm and Maya. They pray for justice but in vain. They weep, they wail, they cry. Again and again they wander in the cycle of transmigration. No one cuts their noose."

"Spirit, which is a drop, left the Ocean of Truth and came to Daswan Dwar. Then it descended into Pind (region of matter), taking its location in the house of nine apertures. In the company of the mind and the senses, it got engrossed in the world. For lives together, it has been undergoing pain and suffering the cycle of Chaurasi (8.4 million life forms)."

"The barren woman bore a child, who is misguiding the entire humanity. This child (mind) produced by the powerful Maya (matter), is unwise.... The poor ignorant spirits do not know the reality. The devilish Kal has cast his net. The spirits are constantly moving up and down like a Rahat (i.e., a bucket-rope passing over a wheel for drawing water) in the cycle of transmigration. They do not get rest anywhere."

"The Jiva or Soul was thrown into one of the four species of existence, according to the karmas he performed while alive. Kal devours all spirits in this manner. They are born and they die repeatedly, and suffer horrible pain."

"Kal-Niranjan has put a noose round the necks of spirits. They are going through recurrent births and deaths in the cycle of Chaurasi (cycle of eighty four)."

Tragedy of the Spirit



“Spirit remains on this side of the ocean (of spirituality). She is unable to go to the other side... she does not engender love for Sadhs and Sants. She is engrossed in the pleasures of the world and remains disturbed on account of sickness, sorrow, pain and pleasure. She does not develop true knowledge, renunciation and devotion. She is lost in infatuation, anger and pride. The virgin spirit is going astray by mind and senses, carried away. She is straying in the company of desire and passion and anger. She makes no efforts to loosen the knot of inert matter and spirit.

She neither attends Satsang (spiritual discourses) nor serves Sat Guru. She does not apply herself to devotion to Him, nor engenders love for Him. She is winging in the wheel of Kal. Sometimes she rises high, at other times she comes down.

Innumerable lives have passed in drifting thus. She has to endure disgrace at the hands of the Lord of Death, who pushes her to and fro. Dharam Rai (angel of judgment) brings disgrace

to her. She has to suffer great tortures and torments in hell. She is burdened with the load of karmas. The agents of Kal (Satan) keep her under siege. Though she belongs to the lineage of Sat Nam (the 5th spiritual region), she is subjected to disgrace at the hands of the agents of Kal.”

“Seeing the pitiable plight of spirit, Sat Purush felt ashamed. He incarnated Himself in the world as Sant. Assuming the form of a Sant, He teaches spirits. He rows them across on the boat of His discourses. The ignorant spirit understands not the discourses of Sants. She again and again gets drowned. She drifts in the ocean of worldliness. She accepts the dictates of the mind and goes to Chaurasi (cycle of eighty four). Sants teach the Path of Truth, but she does not accept it and develop faith in it. Without faith, she cannot tread on the path. Birth after birth she remains wandering in Chaurasi (transmigratory forms). Sants alone can save her from transmigration.”

“The spirit was sent down into the world for witnessing the wonderful phases of the creation; but having come here he has lost all remembrance of the Supreme Creator and has become completely engrossed in the spectacle, just as a child holding his father’s hand goes to the bazaar to see the fair, and losing hold of his hand... with the result that he neither enjoys the fair nor finds his father but wanders aimlessly from place to place.”

“It is karma that misleads and it is also karma that guides aright. Just as a child is enticed away from play by other children and when the play is over is brought back home by those very children. In a similar way, it is the force of karma that the spirit has been led astray and by the force of karma again he is awakened.”

SHABD (Divine Sound)



“Except Shabd there is no other way for leading the spirit back to his original home; and whatever other paths there are, are the paths of Kal (the negative power). Shabd is present in the inner self of everybody. Everyone should, therefore, hear it internally. Those who do not hear it will suffer pain at the end.”

“What were you granted human life for if you do not acquire the wealth of Shabd? Shabd is resounding every moment within you. Why do you not listen to it? To get an inkling of Shabd, you must meditate in seclusion. Give up apathy, sleep and laziness. Apply yourself vigorously to Shabd. Five Shabds are resounding in the inner recesses of every (human) being, find them out... Those who did not ascend to higher regions by means of Shabd have wasted their life.”

***“Apply your Surat (spirit) to Shabd lovingly, Shabd alone is spiritual. It illumines your inner self. Practice Shabd Yoga every day. Without Shabd your egotism cannot be removed.”
“Save Sants, no one knows the secrets of Shabd.” “Concentrate your spirit and apply it to Shabd. This is the secret openly disclosed by Radhasoami.”***

***“Know ye, that Shabd is the beginning and the end of all.”
“Shabd is the cause, and Shabd, the effect. Shabd has created all that exists... Without Shabd, all religious pursuits are useless. Shabd will remove all shackles. Shabd will eliminate all physical and mental pain.”; “Search within your body and you will find Shabd.”***

“Without Shabd, the whole world is groping in the dark. Without the Protection of Sat Guru, all are in delusion. Those who learn the secrets of Shabd and practice Surat Shabd Yoga, would get the Essence. Sat Guru is He who is absorbed in Shabd. This is the true test of Sat Guru.”

***“You have not practiced Shabd. Then how can you know the Reality? This Shabd comes from the Region which does not rest on any support.” “If you had turned your Spirit Current inwards, you would have received secrets of that Region.”
“Those who practice Shabd, my dear, their spirits receive unattainable bliss. The whole world appears to be insipid and tasteless to them. Shabd alone is the supreme and highest of all. Radhasoami gives out this teaching. Those who follow it will enjoy the bliss of Shabd.”***

“The Shabd of each stage is different and so is its secret. The fifth Shabd is in Sat Lok. As for the Shabd current beyond, it cannot be described in words or writing.”

“Radhasoami graciously advises me, Cast off all thought and worry and apply yourself heart and soul to Shabd.”

SURAT SHABD YOGA



“The first chakra lies midway between and behind the two eyes. Surat or Spirit is located here. From here it descended step by step to the five lower centers and spread out into the body. It is called Parmatma and is the God, Brahm and Lord of many religions. This is the real seat of the spirit in its wakeful state.”

“The devotee should sit in a secluded place, turn his senses inward and perform the spiritual practices. He will attain peace of mind.”

“Fix your attention at the Third Eye (between and behind the two eyes). Then withdraw and mind inward. This can be achieved if you are imbued with yearning... You will see the Third Eye. Penetrate it and behold Jyoti (inner flame). When you hear Anhad Shabd (divine sound) your mind will come under your control. When the mind is under control, your spirit will be awakened, and you will see the Sky (of Sahas-dal-kanwal, or astral world), and be drenched in the bliss of Spirit.”

“The form of the Guru should be as dear to the devotees as the husband is to a loving wife and the running stream of water to a fish.”

“Fix the face of Guru in your eyes. Ascend to higher regions by means of Surat Shabd Yoga. Perform Simran (repetition within) of ‘RA DHA SOA MI’, and keep in your mind whatever He says.”

“I behold the majestic form of Guru. I look intently into His eyes which are the windows leading to the Highest Region.”

“RadhaSoami is a profound ocean of serenity, which none can fathom. It abounds in jewels and invaluable rubies of Shabd. My spirit frolics there like a fish. The dark Kal has been subdued. The current of Love is gushing within me.” “Turning the pupils of the eyes and withdrawing the spirit current from there, my Soul proceeds and sees the dazzling flame. I open the gate of Sahas-dal-Kanwal (astral region) and penetrate inside.” “I hear the incessant resonance and awaken Shabd within.”; “I keep Guru’s form or image enshrined in my heart. I open the inner gate of the mind. Guru takes me in His company and shows me the Form of Sat Purush (the Supreme Being). Guru shows me gardens of lotuses and lets me frolic in the company of Hansas. I cannot describe the bliss I am experiencing.”

“Hear the Shabd coming from the heavenly spheres above, and the spirit will be delighted. When thoughts and vagaries of the mind are removed, you will attain purity and steadiness. When you give up desires for pleasures, your mind will apply itself more assiduously to Simran (repetition of the holy Name ‘RadhaSoami’)... The efficacy of Surat Shabd Yoga is beyond description. The moment you succeed in curbing your mind, your Spirit will merge in Shabd. When Sat Guru is pleased with you, you will hear Anhad Shabd within. The sun will rise within you... I meditate upon the Holy Name RADHASOAMI and behold very wondrous spectacles.”

“Fix your Spirit at the Third Eye. Perform meditation vigorously and break open the gate to Sahas-dal-kanwal (astral

region). You will View Jyoti and Niranjan. Go on contacting Shabd after Shabd.”

“Hear Shabd by closing your ears. Follow the incessant resonance of Shabd... You will see the dazzling light and remain absorbed in sound every moment. You will give up all pleasures and become detached from the world. You will ascend, and hear a deep sound.” “All the darkness and impurity of the heart will vanish. Shabd will be raining constantly with a soft pattering sound”



“Fix your spirit at the Third Eye. You will then come in contact with Shabd and your anxieties will be removed. Shabd will take you out of the world... Withdraw your spirit at the Third Eye. The current of Shabd is on the right side (i.e., we are to hear from the inner right ear only). On the left side are the snares of Kal. Leave the Shabd coming from the left.”

“Subdue your mind by the practice of Surat Shabd Yoga. Adopt no other method.”

“Get up during the last three hours of the night before sunrise and perform meditation. You would acquire the ability to outwit Maya and control the impulse of your mind. You would also get Darshan of the Lotus within.”

“If you want to enjoy the bliss of Shabd, you should take only one meal a day. And those who take meals twice or thrice every day will never get the bliss of Shabd.”

“Withdraw your spirit current and listen to the sound coming from above. There are flower gardens and Satsang within your head. Proceed on, you will imbibe the color of Guru. Withdraw the spirit current from the pupils and do not open your eyes. Ascend up and open the door of Heavens. When your spirit

penetrates on, you will see the mystery of human microcosm and enjoy the bloom of spring within. There are wonderful spectacles within you; there the earth is above and the sky is below.”

“Have patience. Do not be dejected. Fix your attention on and absorb yourself in the Holy Form of Guru. Always sing His praises. Make no excuses.”

“Direct your attention inward, do not allow it to flow out anywhere else. Put up with everything inwardly. Accept nothing but internal joy. Have patience. Do not divulge acts of grace of Sat Guru to others. Live with RADHASOAMI like a fish in water.”

“Fix your heart with yearning, and the heart is at Trikuti (causal region). Unite your spirit with Shabd and see beautiful sights. The Til (third eye) is located within Sukhmana (between and behind the two eyes), and the form of Jyoti (inner flame) is in the Til. Lord in Shabd form is always with you and is never far. Have patience and you will get a glimpse of the True Light.”

“Raise your spirit with Shabd, and you will have Vision (‘Darshan’) of the refulgent form of the Lord. Be soaked with His Love and yearning.”

“Unite your spirit with Shabd (Divine Sound). Practice this Meditation every day. Your lot will improve day by day. Kal will not then harass you. You will enjoy the indescribable bliss of Shabd... You will rise upwards from the sixth center (third eye chakra) and secure access to Sahas-dal-kanwal (astral region). The moment you get beyond the sixth Chakra or third Til, you will see lightning and hear Anhad Shabd. Suns and moons will then become visible. Your mind and spirit will come in touch with Sukhmana (the middle current). You will see the marvelous form of Guru, the refulgence and glory of which cannot be described.”

RADHASOAMI



The Supreme Mantra

“RADHASOAMI Name, whoever recites gets across the ocean of life; troubles vanish, bliss abides and gone complete all strife. Such is this unfathomable Name that to none ITS secrets are known, he who comes to know the same is no more on the earth born. By reciting RADHASOAMI Name let thy life most fruitful be; this is the true and real Name, keep IT innermost within thee.”

“The Supreme Being, Himself, has given out His Name as RADHASOAMI. One who obtains the secret of this Name, accepts the protection of RADHASOAMI, recites or repeats this Name internally in the way indicated by Sants or listens to the

sound within, shall certainly be redeemed. Performance of such spiritual practices for a short while will convince him of this.

“Seek the protection of RADHASOAMI. You will be saved in every way. He will instantly shower His grace and mercy upon you and enrich you with the treasure that is inaccessible and unapproachable.”

“I now give out openly that RADHASOAMI is the Origin and Source of all Names (‘Mool Nam’). You should grasp the significance of this revelation.”

“Now it must be understood that RADHASOAMI Pad is the highest stage and that RADHASOAMI is the Name of the Supreme Being, the True Lord and God. Two stages below it is the region of Sat Nam.”

“There is no other remedy so effective as the repetition of RADHASOAMI Name which you should do day in and day out.”

“RADHASOAMI has provided a boat. Get across the ocean of Universe free of any charge.”

Utter the Holy Name RADHASOAMI. All karmas will be eradicated.”

“Perform Contemplation (‘Dhyan’) of RADHASOAMI morning and evening.”

“I have learnt the Holy Name RADHASOAMI. This is the highest and noblest teaching.”

“Radhasoami has revealed the Name RADHASOAMI... Radhasoami has promulgated the religion of Radhasoami.”

“Ever since the advent of Radhasoami into this world, He has been preaching the Holy Word RADHASOAMI.”

“Repeat the Holy Word RADHASOAMI all the time. Recite RADHASOAMI all the twenty four hours.”

Inner Experience of Light



“I attain the region of light, and leave that of darkness. When Shabd becomes audible, all delusions are shattered.”

“Flowers have blossomed within me. I am enraptured in bliss like a nightingale. The mind-gardener waters the garden of love and faith every moment... I have become oblivious of my body. My inner Eye has opened and caught a glimpse of the unapproachable and unimaginable spiritual form. I have obtained gems and pearls of roaring Shabd (‘Nad’) and sapphires and emeralds of very intense melodious music (‘Dhun’).”

“I turn the spirit current from the eyes, penetrate the Til (third eye), and witness the dazzling flame. The intoxicated spirit hears melodious music (‘Dhun’), dances in ecstasy, rises to the firmament and attains Trikuti (causal region). I wash off all impurities and leave behind the three lower qualities (‘Gunas’).”

“I recognize the gateway to higher regions within myself. I obtain gifts of Love.”

“An account of tens of millions of lives was unfolded to me. The cycle of birth and death is now over.”

“Spirit is absorbed in internal bliss. The light of Shabd has illumined the inner parts of my being.”

“Subduing the mind and removing the obstacles of Kal, I ascend swirling upward... The alien region has been left below and the cage has been thrown aside. The mind joins the Spirit and is freely flying in the heavens. The palace is wonderfully illuminated. The sun looks dull and pale before it.”

“Sat Guru has granted me this gift. I am on my way to higher regions... How can I describe the wonderful sports and spectacles seen within? I have obtained knowledge of NAM. This world now appears unreal to me. I have escaped the cycle of transmigration. I have obtained real Shabd.”

“Dharam Rai (angel of judgment) now beats his head in despair. All suffering due to karmas has ended. Dread of recurrent births and deaths is gone. Egotism has been annihilated. I have seen the imperishable and unapproachable region, and obtained the eternal essence.”

“I realize my own form. The world seems to be unreal like a dream... Sat Guru has taken pity on me, and ferried me across the ocean of worldly existence... The darkness prevailing for ages has disappeared and the light or refulgence of Shabd has set in. I sacrifice myself at the Holy Feet of Guru. I recite RADHASOAMI Name. I enshrine RADHASOAMI within me.”

“I penetrated beyond the third Til and heard the sounds of the bell and conch. I saw the sun and the moon on either side... I penetrated further and reached the Crooked Tunnel (‘Banknal’) where Kal has spread his extensive net. Proceeding

onward, I arrived at Trikuti (causal region). I beheld the red sky and heard the sound of 'Omkar'. Then I went to Sunn, Daswan Dwar, and bathed in Mansarovar (lake) with Hansas (celestial beings). That region is white, full of bright moon light.

I ascended to the top and went across Mahasunn (the great void). I opened the niche of Bhanwar Gupha (region of the 'Whirling Cave') and heard the sound of 'Sohang' and flute. Beyond the square, I entered Sat Lok. I received the Darshan (vision) of Sat Purush (the Supreme Being) and heard the harp. Each hair of Sat Purush has the brilliance of ten million suns and moons.

With permission of Sat Purush, I went quickly to Alakh Lok. A thousand million suns and moons look pale before the refulgence of this region. With the permission of Alakh Purush, I proceeded further and met Agam Purush. The resplendence of each hair of Agam Purush exceeds the light of a hundred thousand million suns and moons. What more can be said of the infinitely vast region of Agam Lok? I went further. Both Spirit and Nirat merged in the Nij Pad (highest spiritual region). That Nij Pad is Radhasoami Region. Again and again, I utter 'RadhaSoami'. How should I describe the grandeur of that Region? Each cordon of the palace is ornamented with a hundred million suns and moons. Palaces are bedecked with billions and billions of jewels. I cannot adequately express the magnificence of that Region. I saw billions and trillions of suns and moons round the throne. The Swarup (form) of Supreme Father RADHASOAMI is indescribable, unsurpassed and unrivaled."

"My spirit has become bold on seeing the power of Guru. I perform Surat Shabd Yoga and attain self-realization." "I eradicate karmas, destroy delusions, become free from sins of all the lives... RadhaSoami has shown me all these spectacles."

Importance of Sat Guru



“My dear, seek Sat Guru. He is a rare jewel in the world. With whomsoever He is pleased, He would grant him His Vision (‘Darshan’)... Without Him, all Spirits drift downstream.”

“No one can secure access to internal regions without the help and guidance of a Sant (Saint of Sant Mat). All remain imprisoned in the region of Maya (matter) and undergo torture at the hands of Kal. No one can escape. If, however, Sant Sat Guru is met, He will give out His message, and then all trace of Kal and karma will be obliterated”

“O mind, get dyed in the color of Love for Sat Guru... Utter Guru’s name with your heart and soul. Go on enhancing your love for Him every moment.”

“You should now recognize the exalted position and status of Guru. Consider not Guru to be a human being. He is the very

life and soul of the Supreme Being ('Sat Purush')... Have firm faith in Him and contemplate His image."

"Pleasures of mind and senses are the net spread by Kal to entangle you in... Hurry up. Place yourself under the protection of Sat Guru. You will not get such an opportunity again. Your stay in the body is for four days only. Thereafter, you will again fall in the cycle of births and deaths."

"Sat Guru will impart the knowledge of the jewel of Nam (Shabd). Turn round and ascend to the sky within."

"Without Sat Guru and Surat Shabd Yoga, no one can cross the ocean of life... Radhasoami says, 'Raise your Spirit to the gate of Heaven'."

"You are blessed with this precious human form. Behave in such a manner that you may save yourself. Adopt the Protection ('Saran') of Sat Guru this time. Your task will then be accomplished."

"Worship Guru every moment. There is no deity equal to Him. Attend on the Holy Feet of Guru. Sacrifice your body and mind to Him... Radhasoami assumed the form of Guru."

"He alone is Guru who is attached to Shabd. He adores none but Shabd. The perfect Guru is He who is absorbed in Shabd. Make yourself the dust of His feet. Do not apply other tests. Do not see His merits and demerits. Learn the secrets of Shabd from Him and perform the practice of Shabd with your heart and soul."

"O Spirit! What folly is this on your part that you are going astray in the company of the mind? You do not listen to the words of Guru! You are allured by wealth and woman. Day and night you keep company with them. Kal has cast this net of attachment and thrown the grains of the pleasures of

senses. Spirits are being entrapped therein like birds. You are ignorant and have become a victim of greed. It will cause you great harm. I now tell you clearly that none other than the Guru can save you. Annihilate worldly ties and bondages, and forget about the comforts of body and mind. Engender love for Guru.”

“Guru is your benefactor. Save Guru none is your friend. Guru will save you from the noose of the Lord of Death (‘Jama’). Guru will impart to you the secrets for securing true happiness. Guru will take you across the ocean. He will take care of you every moment... There is no savior like Guru. Family and kinsmen are all like snakes. Therefore, never forsake the company of Guru.”

“Sat Purush assumed the human form. As Sant, He became the Sovereign of the world. He categorically ordered that none shall be steered across without Devotion (‘Bhakti’). None can swim across the ocean of the life without devotion of Guru.”

“There can be no emancipation without the help and assistance of Sants. None can go beyond the three worlds.”

“Search for Sat Guru all day and night. You will not get such an opportunity again. Sat Guru will redeem you. You will not have to come back to the ocean of worldly existence. This is the region of Kal. All Spirits are wandering in delusion.”

“The Sat Guru Himself is the Supreme Being; to serve Him is to serve the Supreme Being.”

“Even if the whole of one’s life is spent in the quest for (the living) Sat Guru, there is no harm. On the contrary, there is enormous gain, for it entitles one to rebirth in human form.”

The Truth Of The World



“The whole world is a victim of delusion and illusion. All exercise their intellect but fail to find the Truth... Except Sants, none knows about the ultimate Truth. Sants elevate their Spirits in the company of Shabd and reign in Agam Lok (Inaccessible Region).”_

“O Spirit! Who are you and where have you come? This world is a net spread by the mind. Why do you get entangled in it? You are a ray from the Supreme Being and an inhabitant of the purely spiritual region. Kal has put a noose round your neck.”

“You are imprisoned in the world like a parrot caught in a trap. Like a monkey, you are foolish enough to put yourself in the trap... How long should I go on repeating that the cruel and tortuous Kal has entrapped you in various ways? You are ignorant, you do not know his stratagem and trickery. He has caught you by fraud and force.” “Sant Sat Guru is your benefactor... He is merciful. He will show you the way to secure release and effect your redemption.” “Consider the allurements

of the world to be deceptions, you have become a friend of the foolish mind. Shun its company every moment, otherwise, it will take the very life out of you. You will be thrown far away from your home and tossed about in the cycle of births and deaths. You will be in a very sad plight. Who will take you out from there?"

"Know that the pleasures of the world are diseases and the desire for wealth and property is a source of misery and pain. Vast is the ocean of worldly existence. All are getting drowned in it."

"O mind! Look at the world. What is it worth? You are here entrapped in illusions and delusions."

"Give up the world which is unreal like a dream... Apply your spirit to Shabd. Otherwise, you will die and be born in the four species of life (transmigration) again and again... Cleanse your mind and spirit in the company of Guru, otherwise, your covers will not be removed... Radhasoami warns you that if you do not accept this advice, you shall suffer."

"You are blessed with the human form. Do something for your real good. Do not get lost in the world. Know that it is unreal like a dream. Your body and dwelling are all transitory and perishable. Why do you dissipate yourself in delusions? Spirits are lost in infatuation. None can escape Kal's clutches. The fire of mundane desires has consumed the whole world. All are being roasted in it... Day and night, they are being consumed. Thereafter, they will be condemned to recurrent births and deaths. They will remain wandering from one species to another (in transmigration). They will not be at rest anywhere. The pain they suffer cannot be described. Out of pity, Sant Sat Guru gives out the practice of Simran (repetition within) of the Holy Name. But spirits do not follow His path and adopt Surat Shabd Yoga. Without Sat Guru and the practice of Surat Shabd Yoga, they will not be released from transmigration."

“The world is pitch dark and the body is full of vice and evil. The states of wakefulness and dream are both marked by forgetfulness. The ignorant Jiva (spirit) is lost in a labyrinth. He has become an alien here. He has lost memory of his original home. He is wandering in different species, assuming various bodies fruitlessly. All the time he is sad, undergoing suffering and pain. Who is there to listen to his wailings? He cries in vain.”

“After innumerable wanderings, he has received the noble human form. But alas! He is smitten here by the mind and senses. Sant Sat Guru admonishes him again and again and shows the path to the tenth door (the third eye opening). But he does not pay attention to His words. Again and again, he rushes towards the nine doors (i.e., lower senses). He sticks to customary observances and wastes his time in fruitless pursuits. He does not understand Surat Shabd Yoga, by which he would be redeemed.”

“You have been endowed with the precious human form. You will not have such an opportunity again. The pleasures of wife and progeny, wealth and property and name and fame ultimately turn painful... I have awakened you. All worldly paraphernalia are transitory like a dream. False is your body, false your wealth. False is your mind which is so strongly attached to them. Only Satsang, Sat Guru and Name of the Supreme Being are true.”

“You are drifting day and night with passions and desires. You have been endowed with this human body after innumerable wanderings in the cycle of births and deaths.”

“Why do you allow yourself to be consumed in the fire of the world? Do not allow yourself to be devoured by infatuation, vanity and arrogance.”

“Why do you wander deluded in the world? Your stay here is for four days only. All those who surround you are selfish. Mother, father, wife and son, none will be true to you. There is none except Sat Guru who can grant you liberation.” “Proceed carefully, this world is a snare. Your wealth and property will be of no avail... Your mind is under the sway of passion and anger. You are put on the wrong path by your karmas (actions)... You see with your own eyes that the Lord of Death and Kal are devouring spirits, and the whole world is full of pain and affliction. Even then you do not awake and try to shield yourself. The terrible Kal is striking spirits every moment. Sat Guru RadhaSoami Dayal, in His grace and mercy, redeems spirits by taking them in His care and protection.”

“Although a high-born maiden, spirit is married to Kal. Karma has put a noose round your neck and the Lord of Death heartily laughs at you. You never think of your death, you feel attached to body. You are swallowed up by pride and egotism. You have taken a heavy load of karmas on your head. By attaining human form, you won the game, but ultimately lost it because you did not take steps to curb mundane desires.”

“You are tied to gross bondages. The first bondage is body, the second is of wife. The third bondage is son, and the fourth is of grandson. Your grandson may have a grandson, thus, there will be no end to your bondages. I need not describe other bondages such as wealth, property and business. You are tightly bound fourfold, fivefold and sevenfold. How can you secure release?” “Worldly honor and family prestige constitute the strongest of all shackles... You have taken this transitory world to be a reality. How can you then attain Nam (salvation of Shabd)?” “The wicked Kal has tied you down in various ways. But you feel merry and remain submerged in the world. You are a fool to take pains for pleasures.”

“Steeped in sensual pleasures, you have become thoughtless, negligent of your real interest. You are wandering here and there. In the end, you will have to beat your head in despair and repentance.” “Join the company of Guru, and holding the sword of Nam in your hand, start on the journey... Thus escaping the onslaughts of Kal, come to the Holy Feet of RadhaSoami.”

“Do not find faults with others. Why daily add to your own sin? Why do you unnecessarily make others sad?” “Always behold in others merits and virtues, you will be a recipient of bliss every moment.”

“These pleasures of the senses are the swindlers, they are swindling spirits. RadhaSoami enjoins upon you to come under His Protection, and He will save you. Make Nam (Shabd) your constant companion and you will attain salvation.”

“As regards those who worship lower deities, they are not worth mentioning. They will get the reward of their actions in the form of wealth and supernatural powers in this very world and then run the course of transmigration.”

“How cleverly has Kal spread out his net in this world can be seen from a close examination of the conditions of those who are supposed to be devoted to religion, believe themselves to be religious and pass as such in the eyes of the world, but who will be found not to have an iota of Parmath (true spirituality) in them.”

The Human Life Saga



“The spirit, imbued with desire, enters the mother’s womb. Because of this desire, he goes astray forgetting his true Home, and is subjected to untold misery and pain. The impetus of karmas throws him out of the womb (during birth). And Maya (matter) casts her nets around him.

During infancy, he suffers much being always afflicted with one kind of ailment or other. He cannot speak nor can he gesture to make one understand his ailment. He cries and weeps as he suffers. But the parents are unable to diagnose what ails him.”

“During childhood he gives himself up to sports and frolics. The parents wish him to apply himself to studies, but day and night he is after play and pranks. The parents, therefore, give him a lot of beating, which, too, is the cause of much pain and agony.”

“With the approach of puberty, the mind is constantly swayed by waves of passions and desires. When passion begins to assert itself, he gets himself betrothed. Marriage is solemnized, and the wife comes in. Seeing the wife, he feels exhilarated, but

at the time he does not know that she is a massive iron chain to tie him down to the world. He forgets altogether what is due to the parents. Day and night he dances attendance on wife... He feels much pleasure in the company of his wife and son.

When the thought of earning livelihood pinches him, he has to go from door to door like a dog. All the time he thinks of and talks about money. If he succeeds in procuring money, he is merry. If not, it is a noose of misery round his neck. Household affairs cause much trouble to him. Members of the family and the caste (social class) perplex him all the more. He, of his own choice, took upon himself the burden of all. Now, he feels uneasy like a fish out of water... He wanders from place to place, but nowhere does he get happiness. His anguish and pain become intense all the more. He repents for what he has done. But no effort on his part now succeeds.”

“Peacocks and Papihas of delusions and illusions, hopes and frustrations, surround him and screech all the time. Clouds of sickness and sorrow, distress and infatuation are fast collecting and over-casting the sky, as if a dark night has set in... The darkness of ignorance has overshadowed his inner-Self. Life in this world has gone and that in the next stands wasted. All these days have passed in trouble and misery. Old age is now fast approaching. Soon the clouds of old age emerge and overcast the sky of the body. The river of greed is swollen. Desires are at their height. The spirit has lost both intelligence and vigor. The body starts leaking and exuding. Eyes, mouth and nose are running like a fountain.”

World Religions of Kal



“All the prevalent religions of the world are religions of Kal (Satan, or the negative power).”

“Gyanis and Yogis have wasted their lives in Gyan and Yoga... They did not know the secrets of Sat Purush (the Supreme Being). They tied themselves to the religion of the Vedas. Sant Mat (Religion of the Saints) is far above them. How can they know about Sant Mat, which is the Origin and Source of all?”

“Radhasoami enjoins upon spirits to renounce Krishna, who lied when he claimed that he was the Supreme Being and kept back the secrets of Sat Purush... Know that all the ten incarnations (‘avatars’) were of Kal. Get away from them”

“Spirits do not know the greatness and superiority of Sant Mat. They are wasting their lives in adherence to the religions of

Kal... The whole world is duped in ignorance. To whom shall I explain this truth? Those who come under the protection of Sants (the Saints of Sant Mat), find the way home.”

“The Vedas know nothing of the Original Home (Sat Lok). Then, how can the authority from the Vedas be quoted?” “Save Sants, no one knows the secrets. How can the Vedas and other revealed books provide any authority or confirmation?”

“Kal has spread his net with a view to keeping the True Religion (Sant Mat) concealed from humanity. He has introduced hypocritical activities and observances far and wide. Gyanis are duped by their own learning. Sophists are out and out egoists... They do not take to the path of Surat Shabd Yoga. Mind, the arch enemy, has deceived them. They do not give up this root cause of all evils... They are all professionals and hypocrites who use religion as a means for earning money. They are lost in pride and arrogance. Radhasoami warns you to be on your guard against them.”

“Adopt the path of Surat Shabd Yoga and secure admittance to Sat Lok. All other religions are religions of Kal (or Satan). Hindus and Muslim have all failed.... Hindus speak of Ram and Brahm and Muslim of Allah and Khuda. But they know nothing about the true Supreme Being (‘Khud Khuda’), the Creator and Father of Ram and Brahm.”

“I now speak of the Christians who visit church and read the Bible. They treat all alike; they do not observe the distinction of caste. They worship the Cross and Jesus who was crucified on the Cross. They make efforts for casting off of the evils of their mind. They have faith in Jesus, the Christ, whom they hold to be the Son of God They believe that one day he will have their sins pardoned. They cherish faith in him. This, too, is a religion of Kal. My mind gets averse to this also. There are innumerable other religions in the world. They are all manifestations of Kal.”

“Seek the protection of Radhasoami. You will be saved in every way. He will instantly shower His grace and mercy upon you and enrich you with the treasure that is inaccessible and unapproachable.”

